



## Spinach dip Ingredients:

- 115g cream cheese
- 30g sour cream
- 30g mayo
- 15g grated parmesan
- Pinch salt
- Pinch black pepper pepper
- 1/4 tsp chilli flakes
- 60g chopped cooked spinach

## Preparation:

Mix all ingredients in a bowl and whisk. To serve, heat up mixture in a pan on medium heat until bubbling. Add to heatproof bowl and serve with tortilla chips. You can add an extra little bit of parmesan on top and grill before serving just to be a little bit more indulgent!