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## Karma Lake of Menteith - Chef Mike Potts

Serves Accompaniments Serve 6 2

## Ingredients:

- large ham hock from your butcher with bone in
- 25g chopped chives
- 100g soft butter
- 2 tsp wholegrain mustard
- 2 tsp clear honey
- 2 vine tomatoes and icing sugar to dust
- Selection of salad leaves including thinly sliced radish to dress the plate with a salad dressing of your choice – blue cheese works well
- Olive oil to glaze

## Method:

- Soft boil the ham hock for two hours. While it's boiling, chop the chives and mix with the butter, honey and mustard. When the hock is cooked, allow it to cool and remove the fat and the bone. Take a plastic bowl and with two forks gently pull and shred the meat. Add the butter mixture and knead and work it together to bind it.
- On a work surface, lay two cling film sheets on top of one another and place the hock mixture on it and roll it up like a sausage and then tightly wrap it in the cling film.
- Place it in the fridge to

set for at least one-anda-half hours or preferably overnight, so that the flavours can develop.

- The next morning, slice it with a clean, warm knife to get clean, neat slices and glaze it with olive oil for a nice shine.
- Take the vine tomatoes and dust with a light coating of icing sugar and quickly flash grill, keeping your eye on them all the time – 30 seconds is plenty of time depending on the strength of your grill. Or use a blow torch if you have one.
- Arrange on the plate with the dressed salad leaves.

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