



This week Karma Lake of Menteith Head Chef Jamie Crombie shares a recipe that's close to his heart – and a firm favourite at the resort, where premium quality venison and beef is sourced from the neighbouring Rednock Estate – one of our farm-to-table suppliers. This one requires some time and dedication – but we can assure you the outcome is more than worth it!

## SMOKED VENISON, ORANGE, BEETROOT, PISTACHIO AND CRÈME FRAICHE

## Ingredients

400g venison lion trimmed 600ml of water 4tbsp soy sauce 40g sea salt 40g light brown sugar 2tbsp Worcestershire sauce 2tbsp molasses 2tsp crushed black pepper 1tsp juniper berries 1 sprig rosemary 2 oranges 2 cooked beetroots Toasted pistachio nut Micro coriander Toasted cumin seeds Crème fraiche Smoking chips Bbq coals

## How to prepare

This recipe should be started the day before service. For the brine mix together the water, soy, salt, sugar, Worcestershire molasses, sauce. pepper, juniper, rosemary and the rind of 1 orange. Then cover the venison in the brine and leave in the fridge for 12 hours. The next day remove the venison from the brine rinse and pat dry. Now gently seal the venison all round in a hot pan with some oil. I have an electric smoker here at Karma Lake of Menteith but you can get the same result using your bbg at home. First soak the wood chips and lay out on a kitchen cloth to dry off

any excess water. Then light the bbg with a small amount of coals to one side of the grill, once the coals have burned to embers place the soaked wood chips on them, add the venison to the opposite side of the grill away from the direct heat, put the lid on the bbq and open the vent. The smoke should only take about 10 minutes and the venison should still be nice and pink. Allow to rest and serve hot or cold with wedges of cooked beetroot. orange segments, crème fraiche, micro coriander, toasted pistachios and a sprinkle of toasted cumin seeds.